

At the Prayers at the Foot of the Altar:

O almighty and everlasting God, I, Thy unworthy creature, appear here before the throne of Thy grace, desiring to pour out my heart before Thee, and to adore Thee, my God, as well and as perfectly as I can. Wherefore I begin and will faithfully continue to hear this holy Mass in union with the love, wherewith Thy Son worshipped Thee, and wrought the entire work of our redemption, imploring Thee that I may be enabled to pay Thee a tribute of honor and praise, like that which the most precious humanity of Jesus and the most holy Virgin Mary rendered Thee unceasingly. And to this end I offer my prayers to Thee, in the virtue and merit of the Sacred Heart of Jesus, in His name, and in that of all the Angels and Saints, to Thy eternal praise and glory. I humbly beseech Thee to preserve me from all distraction and dryness of spirit, and to enable me to duly bring Thee this my appointed tribute of prayers. Amen.

At the Confiteor:

O Jesus, my Savior, who didst sweat blood in the Garden of Olives at the prospect of Thy sufferings and of my sins; O loving Redeemer, who hast afflicted Thy Sacred Heart, in order to console mine: I adore Thee, trembling as Thou art, and bathed in Thy blood. Alas, I have afflicted Thee more cruelly than the Jews. They only tortured Thy body; but I have torn Thy Heart by the sorrow, which my sins have caused. Ah, my God, with a sorrowful heart, and with all the affections of my soul, I abhor and detest my most grievous sins; and I offer for them the same satisfaction which Jesus presents Thee on this altar.

At the Introit:

Purify, O Lord, my mind from all worldly thoughts, and my heart from earthly affections, that I may assist with due respect at the celebration of Thy august mysteries. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

At the Kyrie:

Lord, have mercy on me, and pardon me of the faults, I have committed against Thy holy name. Compassionate Heart of Jesus, grant me true contrition for my past sins, and grace never more to offend Thee. Divine Savior, have pity on a soul that has cost Thee so dear. Jesus, Son of David, have mercy on me.

At the Gloria:

Glory be to God on high and on earth peace to men of good will. Yes, my Jesus, I bless Thee, I adore Thee, I glorify Thee, and I wish to join with the Angels in thanksgiving for the great mysteries of our redemption. I desire to render to Thee the glory, which is due to Thee alone: I conjure Thee to give me that interior peace, that repose of conscience, that peace of God, which proceeds from perfect charity, and which Thou alone canst bestow.

At the Collect:

Almighty and eternal God, we humbly beseech Thee, mercifully to give ear to Thy servant's prayers, which he offers Thee in the name of Thy Church, and on behalf of us, Thy people; accept them to the honor of Thy name and the good of our souls; and grant us those blessings that may in any way contribute to our salvation: through Jesus Christ, our Lord. Amen.

At the Epistle:

O my Sovereign Good, have mercy on me, and grant that, being instructed in Thy law, and in Thy holy will, I may endeavor to fulfil them in all things, that so what Thou teachest may be the rule of my conduct. Amen.

At the Gradual and Alleluia [*or* Tract]:

O Lord, how wonderful is Thy name throughout the earth! I will bless the Lord at all times; His praise shall be ever in my mouth. Alleluia! [*or* Praise be to Thee, O Lord, King of eternal glory!]

At the Munda Cor Meum [and Sequence]:

Cleanse my heart and my lips, O almighty God, who didst cleanse the lips of the prophet Isaias with a burning coal; and vouchsafe, through Thy gracious mercy, so to purify me that I may worthily attend to Thy Holy Gospel. Through Christ, our Lord. Amen.

At the Gospel:

Speak, O Lord, for Thy servant heareth. Grant me grace to understand and profit by the doctrine of Thy holy Gospel, lest, at the day of judgment, it be brought against me, to my confusion and eternal reprobation. I regret sincerely that I have hitherto closed my ears to Thy inspirations, and I promise Thee to be for the future more faithful.

At the Credo:

What thanks shall I return to Thee, O my God, for having admitted me into the true faith and enlightened me with its divine light, in preference to so many others, who sit in darkness, and in the shadow of death? What have I done to deserve such a favor and what am I not bound to do, to testify my just, and eternal acknowledgment for it? By a new benefit you have deigned to open to your Church the ineffable riches of your Sacred Heart; grant that we return love for love to this adorable Heart, and by worthy homages, repair all the outrages that the ingratitude of man caused it to experience. Preserve in me the gift of faith: that, during life, it may be the rule of my conduct, and at death receive my parting sighs, return my soul into Thy hands, and introduce it into the mansions of the elect.

At the Offertory Verse:

Receive, O Lord, our hearts, in union with this oblation, and grant that our prayers

may ascend as an odor of sweetness Thy throne.

At the Offertory Prayers:

Eternal Father, receive, I beseech Thee, the offering that I make of the Heart of Jesus, Thy beloved Son, as He offers Himself to Thee in sacrifice. Be pleased to receive this offering for me, with all the desires, all the sentiments, all the affections, all the beatings, all the actions of this Sacred Heart. They are all mine, since He immolates Himself for me: and I desire, for the future, never to have any other intentions but His. Receive them in satisfaction for my sins, and in thanksgiving for all Thy benefits. Receive them, and grant me, through their merits, all the graces that are necessary for me, and particularly the grace of final perseverance. Receive them as so many acts of love, adoration, and praise, which I offer to Thy divine majesty, since it is by Him alone that Thou art worthily honored and glorified in all eternity. Amen.

At the Lavabo:

Wash me yet more from my iniquities, O my God, and cleanse me from my sins. Grant that the blood and water, which flowed from the wounded Heart of my Savior, may be efficaciously applied to me and to all poor sinners. By the merits of Thy precious death, give me Thy grace, give Thy grace, which shall transform me from a sinner into a Saint.

At the Orate Fratres:

May this adorable sacrifice serve to extend the glory of Thy name, and the interests of Thy holy Church; may it tend to infuse into our souls the great gift of true piety to the Sacred Heart of Jesus, and draw down Thy mercy on poor sinners.

At the Secret:

Graciously hear us, O God, our Saviour: that by virtue of this sacrament, Thou mayest defend us from all our enemies, both of soul and body. Grant us grace in this life, and glory in the next, through Jesus Christ, our Lord, who livest and reigneth with Thee and the Holy Spirit, God, forever and ever. Amen.

At the Preface:

What are thy thoughts, O my soul, at this awful moment, when thy Redeemer, thy God, is about to descend on the altar? Eternal Word, made man for love of us, humbly prostrate at Thy feet, I adore Thee with my whole heart, and with the most profound veneration. To atone for my ingratitude, I offer to Thee all the merits of Jesus: Jesus entirely, God and Man, who is here about to be immolated for me. Let the insufficiency of my thanksgivings and love be abundantly supplied by that homage, which all the Saints and Angels continually offer Thee; with whose voices we beseech Thee to permit also ours to unite, saying in lowly acknowledgment: Holy, holy, holy, Lord God of Hosts! Heaven and earth are full of Thy majesty! Hosanna in the highest! Blessed is He that cometh in the name of the Lord.

Hosanna in the highest!

At the Canon:

Eternal Father, I offer Thee that immolation of Thy beloved Son, which was once made on the cross and is renewed now upon this altar; and I offer Thee, in the name of all creatures, all the Masses that are celebrated or which shall be celebrated in the whole world, in order to adore Thee and render Thee that homage which is Thy due, in thanksgiving for Thy innumerable benefits, to appease Thy justice violated by our sins, and to furnish it with the satisfaction it has a right to expect; finally, to obtain all the graces for myself and those who are dear to me, for the Church, for the whole world and for the souls in purgatory.

At the Memento of the Living:

O God, to whom alone is known the number of Thy elect to be placed in eternal bliss, grant, we beseech Thee, through the intercession of Thy Saints, that the book of predestination may contain the names of all those for whom we have undertaken to pray as well as of all the faithful. Through Jesus Christ, our Lord, who liveth and reigneth with Thee and the Holy Spirit, God, forever and ever. Amen.

At the Consecration:

O Immaculate Lamb, immolated for us on the cross, remember that I am one of those souls, whom Thou hast redeemed by so many sorrows, and by so painful a death. I offer myself to Thee without reserve, that Thou mayest do with me what Thou pleasest. I love Thee, O my dear Savior, with my whole heart. I love Thee, because Thou art worthy of all my love. It grieves me that I do not love Thee as much as Thou deservest. O Sacred Heart of Jesus, burning furnace of divine love, receive my soul into your sacred wound, that, in this school of charity, I may learn to love a God, who has given me such proofs of His love.

At the Elevation:

My Lord and my God! (for the host)

My Lord and my God, remember Thy creature whom Thou hast redeemed by Thy precious blood! (for the chalice)

At the Memento For the Dead:

O God, the Author of mercy, and Lover of the salvation of mankind, we address Thy clemency on behalf of our parents, brethren, relations and benefactors, who are gone before us with the sign of faith, that, by the intercession of blessed Mary, ever Virgin, and of all the Saints, Thou wouldst receive them into the enjoyment of eternal happiness: parents, brethren, relations through Christ, our Lord. Amen.

After the Minor Elevation:

My Jesus, I thank Thee with all the powers of my soul, for having been pleased to die

for me, in order to deliver me from the eternal punishment my sins deserved. I thank Thy Sacred Heart for having loved me so tenderly as to deprive Itself of all the consolations of life, in order to merit for me the joys of paradise. Eternal Father, now that Thy dear Son, really present on this altar, has vouchsafed to become a sacrifice for our sins, I offer Thee His precious body and blood, His merits and perfections, His passion and death, in union with the love with which He offered Himself on the altar.

At the Pater Noster:

Father, I have sinned against heaven and before Thee. I am not worthy to be called Thy child: make me as one of Thy hired servants. O God of all goodness, how could I ever have offended Thee? I now most sincerely detest my sins, and resolve to repair them to the utmost of my power. Assist me only to accomplish Thy holy will, and in all my trials grant me the aid of Thy strengthening grace: for Thou knowest of myself I can do nothing. May I spend the remainder of my life in the spirit of sincere repentance, and thus merit eternally to sing Thy mercies in heaven. O adorable Heart of Jesus, my refuge and asylum, grant me shelter from all my enemies.

At the Agnus Dei:

Lamb of God, who takest away the sins of the world, adorable Victim, who alone canst satisfy the justice of an angry God: vouchsafe to let us partake of the merits of Thy sacrifice and Thy innocence. Efface, O Jesus, by Thy precious blood, all sinful excesses, that place so wide a barrier between Thee and Thy children.

At the Domine, Non Sum Dignus/Priest's Communion:

O Lord, Jesus, the soul Thou lovest is sick: the soul Thou has redeemed with Thy Blood, and so frequently fed with Thy Body, is a prey to the assaults of Satan and its own corrupt inclinations: and consequently in extreme need of Thy special grace. Shall it be the first which placed its trust in Thee, and was confounded? I have no courage to oppose the enemies of my salvation, and pursue the rugged path of duty. I am tepid in Thy service; prone to pride, envy and anger; the victim of spiritual maladies, at once numerous and inveterate. But Thou, heavenly Physician, canst heal them if Thou wilt; say then the word, and my soul shall be cleansed and strengthened.

Before Communion [or for a Spiritual Communion]:

My Jesus, I believe Thou art present in the most Holy Sacrament. I love Thee above all things. I desire to receive Thee in my soul. [Since I cannot now receive Thee sacramentally,] Come [,at least spiritually,] into my heart. I embrace Thee, as if Thou hadst already come; do not permit me to be ever separated from Thee.

After Communion:

Thou, my Jesus, hast consummated the sacrifice of thy body and blood, the same in substance to that which Thou didst consummate on the cross, in obedience to Thy

heavenly Father. Grant that I, too, may give my life as a victim sacrificed to Thy glory, and immolated to Thy holy will. I wish for nothing but what may be according to Thy holy will and pleasure; and I desire to live and die in the manner most conformable to Thy sacred appointments.

At the Ablutions:

May the mysteries we have received, purify us, O almighty and merciful God; and grant, by the intercession of Thy Saints, that this Thy sacrament may not increase our guilt to punishment, but be a means of obtaining pardon, in order to gain salvation. May it wash away our sins, strengthen our frailty, secure us against the dangers of the world, and procure forgiveness for all the living and the dead. Through Jesus Christ, our Lord, who livest and reigneth with Thee and the Holy Spirit, God, forever and ever. Amen.

At the Communion Verse:

Grant, O Lord, that we, who have assisted at this holy sacrifice, may find the fruit thereof in our lives.

At the Postcommunion:

May the oblation of this divine sacrament, we beseech Thee, O Lord, cleanse and defend us; and by the intercession of the blessed Mary, the Virgin Mother of God, of the blessed Apostles Peter and Paul, and of all the Saints, free us from all sin, and deliver us from all adversity. Through Jesus Christ, our Lord, who livest and reigneth with Thee and the Holy Spirit, God, forever and ever. Amen.

At the Dismissal and Blessing:

Vouchsafe, O Eternal Father, to grant me Thy blessing for myself and all who are dear to me. Give me, with it, the grace to serve Thee faithfully in all things to the end; and may I be found worthy to share in the benediction, reserved for Thy elect at the last day.

At the Last Gospel:

I conjure Thee, O Lord, by the torments Thou didst endure for me; by the prayer Thou didst offer up for Thy enemies; by the sorrows and afflictions of Thy holy Mother; by the grace Thou didst show the dying thief; by Thy thirst and the vinegar and gall, which were presented to Thee; by Thy tears; by Thy precious blood, which Thou didst shed even to the last drop: to pardon me my sins; to have mercy on me; not to abandon me in my last agony, but to visit me, to console me, to promise me paradise, as Thou didst to that illustrious penitent who died beside Thee. Amen.